

Workshop · Ministry of Foreign Affairs, Sala "Aldo Moro", Via della Farnesina 1

Monday, 22 June 2026

Ageing and Demand for Care in Central and Eastern Europe: Determinants, Challenges, and Possible Responses over the Next Ten Years

09:30 Opening remarks

Moderator: Prof. S. Orlando, University of Rome Tor Vergata

- T. Vucic — First Lady of Serbia
- I. Solodka — Deputy Minister of Social Affairs, Ukraine
- V. Paglia — Chairman, Fondazione Età Grande ETS
- N. Leviaudi Ghiron — Rector, University of Rome Tor Vergata

10:30 Opening Session: Determinants of the Demand for Care

Moderator: Prof. L. Palombi, Rector, Catholic University Our Lady of Good Counsel, Tirana – Albania

► **At the Crossroads of Demography, Health, and Care: Healthy Ageing Challenges in Eastern Europe**

Stefania Ilinca — Technical Officer for Long-term Care, WHO/Europe

► **The response of services: the challenge of social and health integration in long-term care**

Selma Kadi — European Centre for Social Welfare Policy and Research, Vienna (Austria)

11:15 Coffee Break

11:30 Challenges in Healthcare Services for the Elderly

Moderator: Prof. G. Onder, Catholic University A. Gemelli and European Geriatric Medicine Society

► **Demographic challenges**

Fabio Losa — UNFPA, Regional Office for Eastern Europe and Central Asia

► **Causes and extent of avoidable mortality across the European Union: insights for advancing healthy ageing**

Róza Ádány — Co-leader, WHO Collaborating Centre on Healthy Ageing, Semmelweis University (Hungary)

► **Embedding equity in the WHO European Ageing is Living Strategy (2026–2030)**

Piroska Östlin — Former Director, Dept of Policy and Governance for Health and Well-being, WHO/Europe

► **Long-Term Care: Policies as Long-Lasting Question for CEE Countries**

Kristina Koldinska — Member, European Committee of Social Rights, Council of Europe (Czech Republic)

► **Frailty as a composite indicator of care needs: proposal for a study to assess the prevalence of biopsychosocial frailty among older adults living in Eastern Europe**

Giuseppe Liotta — Full Professor of Hygiene and Preventive Medicine, University of Rome Tor Vergata (Italy)

13:00 – 14:00 Lunch Break

14:00 Focus on Emerging Issues

Moderator: Prof. A. Ungar, University of Florence

► The European health divide

Luule Sakkeus — Estonian Institute for Population Studies, Tallinn University (Estonia)

► Preventing Multimorbidity: Moving Beyond the Single Disease Lens

Iveta Nagyová — Head of Dept of Social and Behavioural Medicine, PJ Safarik University, Kosice (Slovakia)

► Development of the community-based healthcare system – Albanian path to bridge Primary and Home Care

Fabian Cenko — Medical Director, Catholic Hospital Our Lady of Good Counsel, Tirana (Albania)

14:45 Country Focus: Innovation in Local Health and Social Services

Moderator: Prof. W. Ricciardi, Catholic University A. Gemelli and RAPH

- Enkeleida Hamzai — Director of Tirana Social Services (Albania)
- Nikolina Obradovic — Independent Researcher (Bosnia and Herzegovina)
- Ekaterina Markova — Institute of Philosophy and Sociology, Bulgarian Academy of Sciences (Bulgaria)
- Alžběta Bártová — Centre of Expertise in Longevity and Long-term Care, Charles University, Prague (Czech Republic)
- Šime Smolić — University of Zagreb (Croatia)
- Gerda Kiipli Hiir — Head of Social Work Policy, Ministry of Social Affairs (Estonia)

15:30 Coffee Break

15:45 (continued)

- Ajia Bukova Zideluna — Institute of Public Health and Epidemiology, Riga Stradins University (Latvia)
- Boguslavas Gruževskis — Dept of Sociology and Social Work, Vilnius University (Lithuania)
- Iuliana Precupetu — Research Institute for Quality of Life, Romanian Academy (Romania)
- Beata Jankowska-Polanska — Head of Centre for Education and Innovation, 4th Military Clinical Hospital, Wrocław (Poland)
- Nataša Todorović — President, Gerontological Society of Serbia / Red Cross of Serbia (Serbia)
- Marija Milavec Kapun — Researcher, Dept of Nursing, University of Ljubljana (Slovenia)
- Nadiia Kabachenko — National University of Kyiv-Mohyla Academy (Ukraine)

16:45 Conclusions

Moderator: Prof. M. Illario, Chairwoman, European Reference Site Community Network

- ◆ Mons. Vincenzo Paglia — Fondazione Età Grande
- ◆ Prof. Walter Ricciardi — Catholic University A. Gemelli and RAPH
- ◆ Prof. Leonardo Palombi — University of Our Lady of Good Counsel, Tirana (Albania)
- ◆ Prof. A. Ungar — Department of Experimental and Clinical Medicine, University of Florence